# **Transition Program for Spanish-Speaking High School Students**

## **Program Overview**

The Carroll Center for the Blind is hosting a 7-week remote transition program for Spanish-speaking high school students looking to gain greater independence. The program allows young adults whose primary language is Spanish to achieve long-term independent living success while building on primary language skills through bilingual instruction. The program addresses the unique needs of students who are blind or visually impaired whose goals include advanced education or job training. Topics will focus on safe travel, self-advocacy, interpersonal skills, technology applications, independent living and employment readiness.

Presenters include certified orientation and mobility specialists (COMS), vision rehabilitation therapists (VRT), teachers of the visually impaired (TVI) and technology specialists who are all bilingual. Through Zoom sessions, students will engage with their peers and mentors to apply their self-advocacy, language, and soft skills curricula. Socialization time will enable students to engage with their peers through English-language activities.

## **Sample Topics**

* Preparing simple meals and snacks; ordering food through apps.
* Organizing your environment through audio and tactile methods.
* Managing money; shopping in-person and remotely.
* Common apps for independence, language learning apps, mobility apps
* Managing your own health, engaging in exercise and recreation.
* Orientation and mobility, including use of white cane, street crossing, English phrases for traveling.
* Interpersonal communication and problem-solving skills with peers and the general public; developing and maintaining peer relationships.
* Disclosure and family support.
* Self-advocacy.

## **When**

2-hour sessions will be held weekly for a total of 7 weeks. April 2, 9, 23, 30, May 7, 14, 21.

## **How**

Students will need to be able to access Zoom sessions through a computer or phone.

## **Registration**

Please contact Kathy Felt, Director of Admissions, at (617) 969-6200, extension 225, toll free at (800) 852-3131 or by email at kathy.felt@carroll.org.